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ADVICE?**  
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# ASK SABRINA

*Advice from FHM's sex and relationships ace.  
This month: bad kissers and lost libidos.*

## + CLUMS-ANOVA

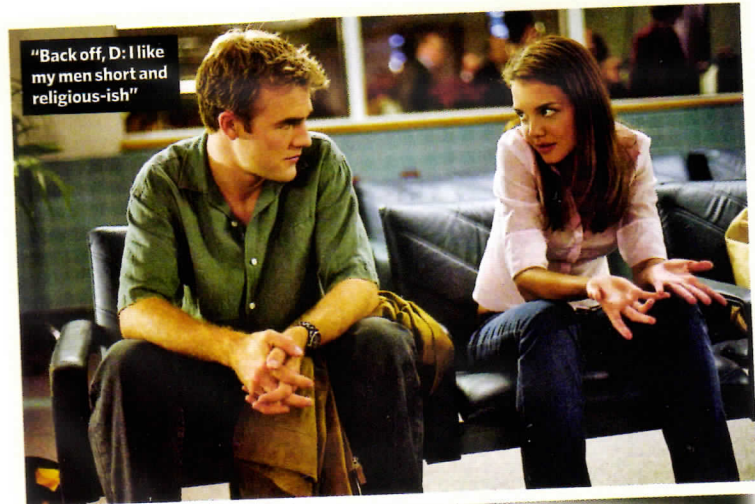
### TOO MUCH TOO SOON

**I recently fell into the trap of being too honest about my feelings with a girl I'd seen seven times over the space of three weeks. I opened up because I really liked her, but suffice to say that she has given me the heave-ho! What is the balance? When? How much?**

DREW, VIA FHM.COM.AU

It can be really hard to strike the right balance between aloof and overeager in the early stages of dating. Show interest by calling a girl you like to ask her out on dates and

send her the occasional text message to show you're thinking of her, but don't flood her phone with dozens of messages saying stuff like, "I saw a girl wearing a scarf that reminded me of the one you wore on our second date, and I can't stop thinking of you." In other words, hold the cheese and keep her guessing a little. When she texts you, don't answer within the first three seconds; wait half an hour or so. And in future, avoid getting mushy about your feelings after seven dates; neediness is a massive turn-off.



"Back off, D: I like my men short and religious-ish"

## BROKEN SEX MACHINE

**I've always had a high libido, but I haven't felt like having sex much recently - once a fortnight seems to be enough. My girlfriend of two years keeps asking me why I'm not into it and I have no idea how to answer because nothing is wrong. Any ideas?**

AARON, VIA FHM.COM.AU

**Are you feeling stressed out due to work, money or family? Stress can have all sorts of hidden effects including loss of libido; the worst part is that you often don't realise you're feeling anxious. Other causes for your reduced desire could be an underlying illness, excessive alcohol consumption or issues in your relationship. If you're worried about it consult your doctor, but otherwise you might just need to make a conscious effort to reinject some fun and passion into your relationship. Go out for dinner with your girl, then take her home and go about spicing things up. Make it exciting again!**



Terence tried to remember where he'd left his mojo

"Kiss me, darling. Or just feed me insects"

## + PASHING

### KISSED OFF

**I've been seeing this girl for a few months and everything's going great, including the sex, but she's a really bad kisser. I'm talking hard, darting tongue that I can't keep up with. Is there any way I can fix this?**

CHRIS, VIA FHM.COM.AU

Next time you kiss, take her face between your hands and try to kiss her the way you like it. Hopefully this will catch her off guard - in a good way - and make her stop her lizard tongue action long enough to pay attention to what you're doing. Repeat this a few times until she gets the picture. If that doesn't work, say something like "I love soft kisses," and then proceed to demonstrate. Fingers crossed, she should take the hint! **FHM**